

# Community Service

## For Families

No one is too young to make a difference!

Join us to share compassion with neighbors, the environment, pets, and wildlife in our community!

### Kindness Towards Ourselves!



at Bellevue Library  
Sunday October 13  
11:30am-1pm

Learn calming breathing techniques, make mindful MeeMee lovies, and discover how self compassion can affect oral health with Dr. Fidler!

### Bringing Joy with Toys!



at Issaquah Library  
Saturday November 9  
10:15am-12pm

Join us in cleaning toys provided to families in need through Eastside Baby Corner and bring smiles to children's faces as they receive new toys!

Register at [www.CampKindnessCounts.org/service-events](http://www.CampKindnessCounts.org/service-events)

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